

## What will happen afterwards?

Afterwards, the CEP may talk to you, your parents and staff about ways in which you can be supported. An agreed plan will be written. This plan will be shared with you and a date agreed to review it.

The CEP will make notes and may write to you and/or the school about what they think and offer advice. All of their notes, letters and reports will be kept securely and privately at the CEPs office.



Speaking with the CEP has helped me think differently about things”

It's perfectly normal if you still have questions about meeting the CEP. You may want to write these in the space below.

Some questions I have:

We are looking forward to meeting you!

### Accessing Cheshire West and Chester Council information and services

Council information is also available in Audio, Braille, Large Print or other formats. If you would like a copy in a different format, in another language or require a BSL interpreter, please email us at [equalities@cheshirewestandchester.gov.uk](mailto:equalities@cheshirewestandchester.gov.uk)

**Tel:** 0300 123 8 123 **Textphone:** 18001 01606 867 670  
**email:** [equalities@cheshirewestandchester.gov.uk](mailto:equalities@cheshirewestandchester.gov.uk)  
**web:** [www.cheshirewestandchester.gov.uk](http://www.cheshirewestandchester.gov.uk)

## Cheshire West & Chester Council Psychology Service

### What is a Child and Educational Psychologist?



Information for Young People who are to meet with a Child and Educational Psychologist.

# WHAT ARE CHILD & EDUCATIONAL PSYCHOLOGISTS?

## What are Child and Educational Psychologists?

Child and Educational Psychologists (sometimes called CEPs) are trained to work with children and teenagers, school staff, parents, carers and other professionals. They have:

- A degree in psychology
- A postgraduate degree in Educational Psychology
- Experience in working with children and young people, their teachers and parents

## What will they help with?

CEPs can help young people of all ages. When teachers and parents ask for help, CEPs can offer advice on topics such as:

- Thinking and Learning
- Friendships
- Understanding feelings
- Behaviour



## What do CEPs do?

CEPs work in lots of different ways, including:

- Visiting schools and using a problem solving approach called 'consultation', with teachers and parents.
- Sometimes we work with children, young people and parents to help resolve difficulties at home and/or at school.
- Providing training for staff/professionals on all aspects of the development of children and young people.
- Working with schools to provide guidance on whole school topics e.g. bullying.
- Working with other professionals.

## Why am I meeting the CEP?

You and the adults who know you well will have identified some difficulties that they think the CEP can help with.



## Where will the CEP meet me?

The CEP may meet you either at school or at your home. Your parent/carer or someone from school can be present if you wish.

## What will it be like?

You may do a few activities and the CEP will want to find out about some of these things:

- Your current concerns
- Any earlier concerns
- Your view of your strengths and difficulties
- How things are outside of school
- Your opinions about what kind of help has been or may be useful.

